## Fitness Car Seat Safety

by Stretch-n-Grow





## rear-facing seat

forward-facing seat

booster seat



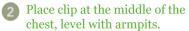
1 Head no closer than 1 inch to the top of the plastic shell.







Head no closer than 1 inch to the top of the plastic shell.



Keep straps snug, flat and at or above shoulders.



**8-12 YEARS** 

Shoulder belt snug across the chest positioned off

> Lap belt low on hips across upper thighs.

4-7 YEARS NEWBORN-1 YR 2-3 YEARS **REAR-FACING SEAT FORWARD-FACING SEAT BOOSTER SEAT** 

Read car seat labels for height and weight limits. Check state laws for age and height requirements.



For more information or for help with a car seat installation contact your local inspection station.







